



Your Panama Bird Watch Workshop Information eBooklet Webpage Edition



*Touring some of the most beautiful sites
in the coffee mountains of Boquete!*



Your 7-hour Panama Bird Watch Workshop

What makes your workshop different from most tours:

There are a couple of things which make this workshop unique, exceptional, and a great value as compared with other tours.

First, Raul your guide. Raul has a ton of experience and knowledge, but carries it in an exceptionally friendly and sensitive way. His goal is primarily that you have an Exceptional Experience. To whatever level you may want to increase your knowledge, specifically regarding Panamanian birds, he will offer you all he has. To the degree you would like, he will make this a very educational experience – but only to the level you want.

Second, his focus is on those he is guiding, and on the birds. So no two workshops are ever the same. Each takes on characteristics unique to who is attending the workshop, and which birds are active that day.

Third, the itinerary. This is discussed in more detail below; but the core of this difference is that what happens on a number of variables, which adds further to each workshop's uniqueness.





Boquete

Boquete, in the highlands of Panama's Chiriquí province yet just a 45-minute drive from Panama's second largest city, David, has a population of 4,000, and lies on the east side of Volcán Barú, Panama's tallest point. Coffee plantations and other agricultural lands are laid into the hillsides surrounding Boquete, with tourists and friendly locals are busy in town. Boquete's surrounding natural and cultivated beauty is astounding.

Boquete is renown throughout Panama and neighboring Central American countries for its coffee, oranges, and annual flower festival. Boquete is about 20% ex-Pats, making it somewhat a retiree community, with many new to Panama choosing to live in the hills just outside of town. Nonetheless, Boquete has retained its uniquely picturesque small-town charm, and continues to be a refreshing place to visit.

As one wanders out of the downtown Boquete area, the scenery and experience of nature grows more and more exceptional.

The Details

Questionnaire and Waiver

When you complete online payment, you will virtually immediately be sent an email confirming payment. This is the first step in the booking process. The second is that this email contains a link to an online **Questionnaire** and a link to the **Waiver and Release of Liability**, which needs to be completed immediately and submitted. The third and final step is that this email also contains a link to the **Workshop eBooklet**, which you should read before your workshop. Step 2 above needs to be completed right away, and is required to be completed and submitted back to us a *minimum* of 18 hours before your workshop time. **Remember: one Questionnaire and one Waiver and Release of Liability** must be completed by **EACH** participant, regardless of age.

Physical Exertion Level This Excursion Requires

This workshop is designed to require the minimum physical exertion necessary for the itinerary of that day. We try to keep elevation changes on the trails consistent with what you indicated on your Questionnaire. In those areas where there is significant elevation, we will travel at a pace which accommodates every participant's physical abilities.



The Details

What's Included

- We will be providing transportation from the workshop Meet-Up, which is the Hotel La Serrania, Boquete, Chiriquí, Panama, and transportation back to the Meet-Up. More details later in this eBrochure
- We will be providing bottled water, but also HIGHLY recommend you plan for your own hydration. It is critical that **ANYONE** venturing into wilderness area **MUST** plan for their hydration; whether the venture is guided or not. **Bring with you enough water to keep you hydrated and safe!**
- We provide you with a great lunch, and great conversation throughout that meal! Take advantage of this time.
- **Lots of knowledge.** Be sure to take advantage of the group discussions, and of all the individual help we offer. Don't hesitate to ask! The point of this tour is you taking home exceptional experiences and lots of new knowledge!





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The Details

Nature

Be aware that we respect and adhere to a policy of leaving no evidence (*'Leave no trace'*) of our presence in nature. This includes walking carefully through plant life, and no littering. In fact, we make it a practice to pick up litter we encounter and pack it out with us. Your guide will be carrying a trash bag. This is a very meaningful way of 'giving back' to nature, which has been regaling you with her beauty throughout the workshop!



The Details

Itinerary



We establish a base itinerary administratively. But the actual implemented itinerary is totally at the discretion of your guide. Guides alter and detail itineraries based on these factors:

- The locations where sought-after birds can be found. Birds do not stay in one place, and several factors determine where they will be on a given day
 - The conditions otherwise in the areas where the birds are, such as other animal sightings in the area and conditions of the terrain
 - Weather. Weather hits different areas in different ways. We accommodate that for your safety and comfort
 - The fitness level of our participants
 - Terrain dangers, such as landslides, mud, water levels, etc
- What birds participants have expressed an interest in – we prioritize them as much as possible





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The Details

Your Boquete Meet-Up Place

The Boquete Meet-Up Place is the Cloudforest Travel Office. This is at the Hotel La Serrania, Boquete, Chiriqui, Panama. Virtually all taxi drivers know where the Hotel La Serrania is, and if you look up the **Hotel La Serrania, Boquete, Chiriqui, Panama** on Google Maps, you will know exactly where it is also!

Almost all our clients are from someplace other than Panama. And we are very glad to host them! If you are visiting Panama and staying in lodgings in the downtown Boquete area, we can usually make arrangements to accommodate picking you up and returning you to where you are lodging.



Guides, photographers, and/or staff, Itineraries, and vehicles are subject to change without notice by Cloudforest Tours. Every reasonable effort will be made to operate programs as planned, but alterations may still occur and deviate from published itineraries due to weather and conditions